

Ride Captain Responsibilities

September 2009

- All rides will be limited to **no more** than 8 bikes per group.
- The lead Ride Captain will assign assistant Ride Captains and Sweepers to help organize the ride. This should be arranged prior to the ride date if possible. The lead Ride Captain should review the rules of the ride with the entire group, including hand signals if appropriate. The lead RC should also provide copies of the route and copies of blank sign in sheets to the assistant RC and Sweeps
- The Assistant Ride Captains and Sweeps are responsible for assigning bikes to each group and aligning bikes, which will make a smooth, organized departure.
- The Ride Captain should **not** leave until he/she is positive **all** riders in his/her group are mounted and ready to roll. **Do not leave** without the entire group. Use stop signs as an opportunity to regroup. When traveling in heavy traffic with stop lights, encourage riders to close ranks to help get the entire group through lights.
- The Sweeps for each group will coordinate and ensure that all participating riders sign in and include a ICE number (**In Case of Emergency** phone number). The Sweep for each group should keep that information for his use during the ride.
- Participating riders and passengers should be encouraged to identify any medical issues that should be relayed to paramedics in case of an emergency. They should also be encouraged to have contact information easily accessible.
- All Sweeps (should be Ride Captains or prepared experienced riders) and are encouraged to carry a first aid packet to help **stabilize** an individual in case of emergency.
- All Riders should know who is in front and behind them in the ride.
- At comfort breaks or any time the ride is restarting, all riders should remain with the same group **and** be in the same position as they were at the start of the ride. Exceptions will be at the Ride Captain's discretion.
- **All riders** are responsible for keeping an eye on the rider immediately behind them. If the rider immediately behind disappears (is no longer visible), the preceding rider should immediately begin flashing his/her headlight. When the next rider up sees the flashing lights, he/she should give a thumbs up to acknowledge the signal and flash his/her lights to the next rider up. This process continues until the Ride Captain recognizes the signal. All riders are to follow the Ride Captain. The Ride Captain will find a safe place to pull over, assess the situation, and make decisions accordingly. **In no circumstance** should an individual turn around to find out what happened. **All riders should follow the Ride Captain to a safe location.**
- In the event of an accident, the Sweep's primary responsibilities are as follows:
 - Secure the scene—make sure the victim and responder are in a safe area.
 - Call 911 emergency response and enlist aid of others at scene as needed.
 - Call the Ride Captain to advise him/her of the situation.
 - Attend to victim's needs as possible, but do not move victim if a back or neck injury is suspected.
 - Control traffic around the scene.